



Administration for Community Living

Administration on Aging

Office of Nutrition and Health Promotion Programs

Expanding Outreach and Professional Training to Engage Older Adults with Behavioral Health Conditions in Evidence-Based Health Promotion Programs

Opportunity number: HHS-2024-ACL-AOA-CSSG-0018



Contents

Before you begin	<u>3</u>
 Step 1: Review the Opportunity	<u>4</u>
Basic information	<u>5</u>
Eligibility	<u>6</u>
Program description	<u>7</u>
 Step 2: Get Ready to Apply	<u>21</u>
Get registered	<u>22</u>
Find the application package	<u>22</u>
Join the conference call	<u>22</u>
 Step 3: Prepare Your Application	<u>23</u>
Application contents and format	<u>24</u>
 Step 4: Learn About Review and Award	<u>31</u>
Application review	<u>32</u>
Award notices	<u>37</u>
 Step 5: Submit Your Application	<u>38</u>
Application submission and deadlines	<u>39</u>
Application checklist	<u>41</u>
 Learn What Happens After Award	<u>42</u>
Post-award requirements and administration	<u>43</u>
 Contacts and Support	<u>45</u>
Endnotes	<u>47</u>



Before you begin

If you believe you are a good candidate for this funding opportunity, secure your [SAM.gov](#) and [Grants.gov](#) registrations now. If you are already registered, make sure your registration is active and up-to-date.

SAM.gov registration (this can take several weeks)

You must have an active account with SAM.gov. This includes having a Unique Entity Identifier (UEI).

[See Step 2: Get Ready to Apply](#)

Grants.gov registration (this can take several days)

You must have an active Grants.gov registration. Doing so requires a Login.gov registration as well.

[See Step 2: Get Ready to Apply](#)

Apply by May 31, 2024

Applications are due by 11:59 p.m. Eastern Time on May 31, 2024.



To help you find what you need, this NOFO uses internal links. In Adobe Reader, you can go back to where you were by pressing Alt + Left Arrow (Windows) or Command + Left Arrow (Mac) on your keyboard.



Step 1:

Review the Opportunity

In this step

Basic information	<u>5</u>
Eligibility	<u>6</u>
Program description	<u>7</u>

Basic information

Administration for Community Living

Administration on Aging

Office of Nutrition and Health Promotion Programs

Expanding training to help older adults with behavioral health conditions join evidence-based programs.

Summary

This project has three outcomes:

- [Environmental scans and needs assessments](#) of:
 - Barriers that prevent adults with behavioral health conditions from participating in evidence-based programs
 - Best practices to involve them in evidence-based programs
- Development, implementation, and dissemination of a [training program](#) for professionals in the [aging and disability services network](#)
- [Resources and technical assistance materials](#) shared with aging service network professionals serving older adults with behavioral health conditions and their caregivers

Funding details

Type: Cooperative agreement

Expected funding not to exceed: \$3,260,699

Expected awards: 1

We plan to fully fund the award for three 12-month budget periods for a total of three years from September 1, 2024, to August 31, 2027. As part of the application package, applicants are required to submit a combined [budget narrative justification](#) for all three years of the project, as well as a detailed budget narrative justification for each of the three years in this project's period of performance. Funding for the three-year period can't exceed \$3,260,699.



Have questions?

See [Contacts and Support](#).

Key facts

Opportunity name:

Expanding Outreach and Professional Training to Engage Older Adults with Behavioral Health Conditions in Evidence-Based Health Promotion Programs

Opportunity number:

HHS-2024-ACL-AOA-CSSG-0018

Federal assistance listing:

93.734

Key dates

Application deadline:

May 31, 2024, by 11:59 p.m. Eastern Time (ET)

Informational call:

April 17, 2024, at 3 p.m. ET
Instant replay available on demand starting April 18, 2024

Optional notice of intent deadline:

April 25, 2024

Expected award date:

September 1, 2024

Expected start date:

September 1, 2024

Eligibility

Who can apply

Eligible applicants

Only these types of organizations may apply:

- Public, state-controlled, and private institutions of higher education
- Independent school districts
- Community-based organizations
- Faith-based organizations
- State, county, city, township, and special district governments
- Nonprofits with a 501(c)(3) status with the IRS
- Native American tribal governments (federally recognized) and tribal organizations
- Public housing authorities and Indian housing authorities

Cost sharing

This program has no cost-sharing requirement. If you choose to include cost-sharing funds, we won't consider it during review. However, we will hold you accountable for any funds you add, including through reporting.

Program description

Overview

As the U.S. population ages, we must take a comprehensive approach to supporting the mental and behavioral health of older adults. There is a significant need to increase the competence and practical skills of the [aging and disability services network](#) to engage adults with behavioral health conditions in evidence-based community programs. More coordination and access among local aging and mental health services providers are also needed.

For two decades, the Administration on Aging (AoA) has provided community-based grants and research projects that have generated new knowledge and strategies to support older adults with physical and cognitive challenges. However, few AoA-funded projects have specifically focused on older adults with mental and behavioral health needs.

The AoA is funding an organization to work with community-based organizations and aging and disability service providers to increase the involvement of older adults with behavioral health needs in community-based, evidence-based programs, according to the [Older Americans Act \(OAA\) Title III-D and/or the Administration for Community Living \(ACL\) definition of evidence-based programs](#).

The project should [specifically target](#) older adults with one or more behavioral health conditions and/or older adults with a behavioral health condition and one or more chronic diseases. While your project must serve this target population broadly and nationwide, portions of your project may focus on some of our populations of special interest:

- Older adults with one or more behavioral health conditions experiencing homelessness
- Older adults with one or more behavioral health conditions living in rural areas
- Older adults with heightened risk of suicidal ideation and attempts
- Caregivers of older adults with one or more behavioral health conditions

[Outcomes](#) will include:

- [Environmental scans and needs assessments](#) of:
 - Barriers that prevent older adults with behavioral health conditions from participating in evidence-based programs
 - Best practices to involve them in evidence-based programs

- Development, implementation, and dissemination of a [training program](#) for professionals in the [aging and disability services network](#)
- [Resources and technical assistance materials](#) shared with aging service network professionals serving older adults with behavioral health conditions and their caregivers

Definitions

This funding opportunity uses the following definitions.

- **Behavioral health conditions** refer to mental health and substance use disorders, life stressors and crises, and stress-related physical symptoms.
- **Evidence-based programs** refer to ACL's definition of this term.
- **The aging and disability services network** refers to ACL's definition of this term, with a focus on reaching aging services professionals such as State Units on Aging, Area Agencies on Aging, senior centers, and congregate meal sites.

Statement of need

Behavioral health crisis

One in five older adults has a mental illness, substance use disorder, or both.^[1] This behavioral health crisis was exacerbated by the COVID-19 pandemic that began in 2020. During the pandemic, older adults reported increased stress, anxiety, and depression and a decline in their emotional well-being.^{[2] [3]} Today, older adults are seriously affected by:

- **Anxiety and depression:** These are the two most prevalent behavioral health conditions. Approximately 20% of older adults report symptoms of anxiety and/or depression.^[4] Older adults with these conditions have higher health costs than those without these conditions.^[5]
- **Loneliness and social isolation:** Over 40% of older adults report feeling lonely, and nearly 25% are socially isolated.^[6] Loneliness is associated with high rates of depression, anxiety, and suicide.^[7] Social isolation increases premature death and is associated with a 50% increased risk for developing dementia.^{[8] [9]}
- **Suicide:** Older adults are an especially high-risk group for suicide.^{[10] [11]} In 2022, suicide deaths among older adults increased by 8%.^[12] Men are at especially high risk, with men ages 75 and older having the highest suicide rate.^[13]
- **Substance use:** Nearly 1 million older adults live with a substance use disorder.^[14] Alcohol is the most-used substance among adults 65 and older, with about 65% reporting high-risk drinking.^[15]

- **Serious mental illness:** This includes one or more diagnoses of mental health disorders with significant loss of functioning. Schizophrenia, bipolar illness, and major depressive disorder are the most common serious mental illnesses.^[16] Of the 49.2 million adults over 65 in the U.S., 1.4 to 4.8 percent experience serious mental illnesses.^{[17] [18]}

Training the network to support older adults with behavioral health conditions

Aging and disability service providers need to prepare for the rapid increase of older adults with behavioral health needs. Providers need effective training to learn how to:

- Engage older adults with behavioral health needs in evidence-based programs and other community-based services to help them live independently in good health
- Identify and address behavioral health-related issues before the person's condition declines
- De-escalate behavioral health and substance use crises in group settings to avoid endangering others
- Tell the difference between situational behavioral issues, which can be safely addressed at a group setting, and psychiatric emergencies that might require inpatient treatment

Increasing older adults' participation in evidence-based community programs to improve behavioral health

Evidence-based programs supported by [Older Americans Act Title III-D funding and Administration for Community Living-Office of Nutrition and Health Promotion Programs \(ACL-ONHPP\) discretionary grants](#) have been [proven to improve health and well-being and reduce disease and injury](#). For example:

- The **Program to Encourage Active, Rewarding Lives** has been proven effective in treating depression in older adults. Participants experienced a 50% or higher reduction in symptoms of depression, and 36% saw their symptoms completely stop.^[19]
- **Chronic Disease Self-Management Education** programs benefit older adults with chronic diseases, including behavioral health needs. They improve health-related outcomes and increase engagement with the health care system.^[20]
- The **Florida Brief Intervention and Treatment for Elders** program significantly decreases participants' depression and their misuse of alcohol and medication.^[21]

Goals

The purpose of this project is to expand outreach and professional training nationally to increase the participation of older adults with behavioral health conditions in community-based, evidence-based programs, according to the [Older Americans Act \(OAA\) Title III-D and/or the ACL definition of evidence-based programs](#). The training will help the ACL aging and disability network to develop new practical skills. It will also improve coordination among local aging and behavioral health service providers.

Target population

For this project, the **target population** is:

- Older adults with one or more behavioral health conditions

OR

- Older adults with a behavioral health condition and one or more chronic diseases

While your project must serve this target population broadly and nationwide, portions of your project may focus on some of our populations of special interest:

- Older adults with one or more behavioral health conditions experiencing homelessness
- Older adults with one or more behavioral health conditions living in rural areas
- Older adults with heightened risk of suicidal ideation and attempts
- Caregivers of older adults with one or more behavioral health conditions

Training content should be person-centered, trauma-informed, and culturally appropriate to meet the needs of the target population.

ACL notes that while the target population represents the people who should ultimately be helped through this award, most award activities will work with professionals in the aging and disability services network — not directly with the target population. The people you will work with directly during your project are referred to as “professionals” or “providers” throughout this notice of funding opportunity.

Target behavioral health conditions

Projects under this funding opportunity should include the following behavioral health conditions. ACL may approve other behavioral health conditions.

- Anxiety disorders (including generalized anxiety, panic disorders, and social anxiety)
- Bipolar disorder
- Depression

- Post-traumatic stress disorder (PTSD)
- Substance use disorders

Activities

Successful projects should include the following two major activities to meet the goals of this program.

Activity 1: Assess needs and determine best practices

To be successful, your project should include conducting environmental scans and needs assessments.

- Conduct environmental scans and needs assessments that evaluate:
 - Barriers that may prevent the target population from participating in evidence-based programs
 - Gaps in training, such as how to determine the best evidence-based program for older adults based on their behavioral health needs
 - Best practices, strategies, and resources for engaging the target population in evidence-based programs
 - Available training programs and resources for professionals serving the target population in community settings, such as senior centers and congregate meal sites
 - Resources and services that professionals can refer the target population to, including:
 - Information on evidence-based programs
 - Advice on when evidence-based programs may not be appropriate
 - Ways to measure success in helping the target population reach essential services
- Include older adults with behavioral health conditions and other key groups in your needs assessments to ensure that you produce effective, usable, and accessible information. In keeping with Executive Order 14091, section 5, [Delivering Equitable Outcomes in Partnership with Underserved Communities](#), key groups may include:
 - National consumer organizations for people with behavioral health conditions
 - Organizations in the ACL aging and disability network
 - Physical and behavioral health care providers
- When conducting environmental scans and needs assessments, involve the following groups to help ensure that scans produce information that is useful to the broader network.

- Evidence-based program developers
- Experts
- Providers
- The aging and disability services network
- Community-based organizations
- Other key groups
- Develop a process for conducting ongoing environmental scans to ensure that organizations are updating their best practices and programs based on new information. Information collected should also include new, innovative programs that serve the target population and meet the [ACL evidence-based criteria](#).

Activity 2: Create and disseminate a training program

To be successful, your project should include creating and disseminating a training program. This program should be the core of your project.

2a: Create a training program

Create a publicly available research-based training and related resources for community-based organizations, aging and disability network providers, and related stakeholders. Your training should be based on the results of your environmental scans and needs assessments produced in [activity 1](#) and additional insights from ACL.

The training should be grounded in research to enhance the competence and practice skills of providers serving the target population and enable them to better engage older adults with behavioral health conditions in evidence-based community programs. The training should also increase coordination among local aging and behavioral health service providers and better equip the network to meet the needs of older adults with behavioral health conditions.

The training should include at least 12 modules, which will be shared through the [ACL behavioral health webpage](#). You should make at least three modules available on the ACL website within 18 months of receiving this award. All materials must be fully accessible. See the information on [508 compliance](#) in the Dissemination section for more information about this requirement.

The training should be broad and include multiple evidence-based programs, when possible. While we provide examples here, the majority of your project and training program should not focus on any one evidence-based program. Rather, professionals should be able to apply the majority of your training broadly.

All content created under your project should:

- Help develop and expand knowledge to engage and retain the target population in evidence-based programs
- Have the potential for broad implementation throughout the [aging and disability services network](#)

Accessibility

- The training should be accessible online — evergreen and open to and free for anyone interested.
- The training should not require special tools or resources. Attendees should only need to have a computer with internet access and speakers.
- You should design the content to meet the needs and preferences of a diverse group with various degrees, training, education, and experience. For example, you could make a self-paced online version of the learning modules.

Credentialing or certificates of completion

- Provide program certificates of completion.
- Consider whether your training can provide continuing education units (CEUs) for aging and disability services workers.

Curriculum and content

The content should have the following learning objectives for your project to be successful:

- Recognize the signs and symptoms of behavioral health conditions
- Involve the target population in evidence-based programs
- Ensure a welcoming and inclusive environment in behavioral health evidence-based programs
- Increase knowledge of evidence-based programs and practices that aging and disability service providers can adopt to serve older adults with behavioral health needs
- Safely de-escalate crisis situations involving people with behavioral health conditions and/or substance use disorders
- Give resources and referrals to people with behavioral health conditions, including:
 - How to connect with local behavioral health service providers
 - Information on evidence-based programs
 - Information on when evidence-based programs may not be appropriate

Five of the twelve modules will include the following topics:

- At least three modules on involving the target population in the program that has been proven most effective for their specific behavioral health conditions

- For example, the PEARLS program has been proven effective for older adults with depression.
- At least two modules on using evidence-based programs to address behavioral health conditions among the target population as part of a state and/or national strategy, which should include community partnerships such as:
 - Community mental health centers
 - Certified community behavioral health clinics
 - Other providers of behavioral health and substance use treatment services

Seven of the twelve module topics should be based on the results of the environmental scans and needs assessments in [activity 1](#), your expertise, and collaboration with ACL.

Topics for these modules could include:

- An overview of behavioral health conditions in older adults, including:
 - The most common behavioral health conditions
 - How to recognize them
 - How to support older adults with them
 - How to address difficult behaviors due to behavioral health conditions
 - How to recognize any personal biases and provide tools to address these biases so they do not affect programs and services
- Knowledge, skills, and resources to confidently recruit, engage, and retain the target population in evidence-based programs
- Management and safe de-escalation of behavioral health and/or psychiatric crises in a group setting
- Basic concepts and preparatory actions that professionals can use to de-escalate a range of situations
- Up-to-date information about evidence-based programs covering behavioral health conditions, disease prevention, and health promotion. Some examples of programs include:
 - Behavioral health condition programs:
 - [Healthy IDEAS](#)
 - [Program to Encourage Active, Rewarding Lives](#)
 - [Wellness Recovery Action Plan](#)
 - [Brief Intervention and Treatment for Elders](#)
 - [Chronic disease self-management education programs](#)
- Ways that community-based organizations can measure their success in ensuring that the target population and their caregivers receive essential services

- How to address stigma related to behavioral health conditions and prevent bullying of individuals with behavioral health conditions in evidence-based programs
- Self-care strategies and resources for service providers working with the target population

2b: Disseminate training program

- Create a national dissemination and marketing plan to recruit people to participate in the training program (see also [Dissemination](#) in the program description).
- Regularly reach out to aging and disability network professionals. Work with [ACL resource centers](#) and stakeholders to make sure they are aware of training opportunities. Potential stakeholders could include:
 - [National Institute of Senior Centers](#)
 - [E4 Center of Excellence for Behavioral Health Disparities in Aging](#)
 - Substance Abuse and Mental Health Services Administration (SAMHSA) [Substance Use and Mental Health block awardees](#)
 - SAMHSA [Mental Health Awareness Training awardees](#)
 - [Center for Aging and Disability Education and Research](#)
 - [Rehabilitation Research and Training Center awardees](#)

Dissemination

Through your dissemination activities, you will provide national leadership, expert guidance, technical assistance, and resources to community-based organizations, the aging and disability network, adults with behavioral health conditions and their caregivers, and other relevant stakeholders.

Your project must include the following dissemination activities:

- Nationally disseminate the products created from this project (focusing on the training program), in line with [activity 2b](#).
- Provide best practices on how to reach the target population and engage them in evidence-based community programs and services.
- Provide guidance on how to measure success in reaching such populations.
- Work with ACL-funded resource centers and ACL stakeholders to highlight their work and share their projects and best practices.
- Create tip sheets, fact sheets, reports, webinars, and other technical assistance materials for professionals serving the target population and their caregivers. These materials should include:
 - Findings and best practices identified by your environmental scans and needs assessments

- Information about evidence-based programs
- Resources and support for professionals serving the target population
- Resources and services to support the target population and their caregivers

Accessibility and 508 compliance

All the information and products you create and share as part of this project must meet the government's accessibility standards, known as [Section 508](#). For example:

- Webinars must include live captioning, and American Sign Language interpreters must be available if requested.
 - If a module is jargon-heavy or highly technical, captioning should be done by professional captioners. If automatic captioning tools are used, captions must be edited in the final recording to correct errors.
- Videos must include accurate captions.
- All files, such as PDFs, Word documents, and PowerPoint slide decks, must be navigable by screen readers and have sufficient contrast.

All your information and products must also meet the cultural and linguistic needs of your intended audience. ACL will review and approve the products before you share them with the public. At the end of your project, you will provide all the resources you develop to ACL.

Evaluation

To be successful, in your project you should report your performance on these measures:

- How your activities change the projects and activities that professionals and providers implement — for example, how professionals reach and serve the target population
- Extent to which training participants use the information they learned to create or change programs
- Participant satisfaction with the training program
- Lessons learned from your project to educate others in the field of aging
- Number of professionals who participate in trainings
- Number of professionals who complete trainings
- Number of professionals you reach with leadership, expert guidance, technical assistance, and resources
- Number, type, and content area of activities and resources produced

You may also select and report on additional metrics of your choosing.

Cooperative agreement terms

Cooperative agreements require substantial ACL project involvement after an award is made. There are specific roles for both you and ACL.

Your responsibilities

Recipient must execute the activities as noted in the [program description](#) and the following responsibilities of the cooperative agreement:

- Fulfill all requirements of the grant initiative as outlined in this program announcement, as well as carry out project activities as reviewed, approved, and awarded.
- Communicate with the ACL project officer at such times as are agreed upon, to improve the effectiveness of the activities carried out under this agreement.
- Comply with all reporting requirements.
- Work collaboratively with ACL and [ACL national resource centers](#) to ensure grant activities build upon current efforts and avoid duplication of efforts.
- Include the following disclaimers on all products produced using this grant funding:
 - HHS Grant or Cooperative Agreement that is NOT funded with other non-governmental sources: "This [project/publication/program/website, etc.] [is/was] supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$XX with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government."
 - HHS Grant or Cooperative Agreement that IS partially funded with other nongovernmental sources: "This [project/publication/program/website, etc.] [is/was] supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$XX with XX percentage funded by ACL/HHS and \$XX amount and XX percentage funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government."
- Successfully complete the post-award project alignment period to finalize and align project work plans.
- Finalize project work plans.
- Immediately notify ACL of needed or anticipated modifications to the work plan.
- Work with ACL to post [508-compliant content](#) onto the [ACL behavioral health webpage](#).

- Identify networks of aging and human services agencies that serve the identified population.
- Collaborate with ACL, the [National Chronic Disease Self-Management Education Resource Center](#), and other stakeholders to provide technical assistance and resources.
- Provide training and technical assistance to the [ACL aging and disability network](#).
- Share information with ACL and other entities as appropriate.
- Participate in regular technical assistance-related calls, as determined by ACL.
- Improve the effectiveness of the activities carried out under this agreement.
- Ensure the project continues by creating contingency plans should staff turnover or delays in hiring staff occur.

Our responsibilities

The ACL project officer agrees to execute the following responsibilities:

- Collaborate with the recipient in the finalization, execution, and modification of the work plan.
- Help facilitate the upload of grantee resources onto the [ACL behavioral health webpage](#).
- Provide consultation in:
 - Identifying issues in technical assistance and resource needs.
 - Understanding the OAA and associated regulations.
 - Connecting with the [ACL aging and disability network](#).
- Attend and participate in major project events, as appropriate and feasible.
- Work cooperatively with the grantee to clarify the programmatic and budgetary issues to be addressed by the grantee project, and, as necessary, negotiate with grantee to achieve a mutually agreed upon solution to any needs identified by the grantee or ACL.
- Assist the grantee project leadership in understanding the strategic goals and objectives, policy perspectives, and priorities of AoA, ACL, and the U.S. Department of Health and Human Services; and about other federally sponsored projects and activities relevant to activities funded under this announcement.
- Provide technical assistance to the grantee on the provision of programmatic support and associated tasks related to the fulfillment of the goals and objectives of this grant.
- Communicate with the grant project director monthly, or at such other times as are agreed upon, to improve the effectiveness of the activities carried out under this Agreement.

Once a Cooperative Agreement is in place, requests to modify or amend the agreement or the work plan may be made by ACL or the awardee at any time as long as the request stays within the scope of work. Major changes may affect the integrity of the competitive review process. Modifications and/or amendments of the Cooperative Agreement or work plan shall be effective upon the execution of an award notice. Unless ACL is authorized under the Terms and Conditions of award, 45 CFR Part 75, or other applicable regulation or statute to make unilateral amendments, when an award is issued the Cooperative Agreement terms and conditions from the program announcement are incorporated by reference.

Funding policies and limitations

For guidance on some types of costs we do not allow or restrictions on them, see 45 CFR part 75, [General Provisions for Selected Items of Cost](#).

Funding policies

- Under this NOFO, you can't continue existing projects without expansion or new and innovative approaches.
- Meals are allowed only in limited circumstances linked to program activities, like during travel or when approved in advance by ACL. See Allowable Costs and Activities, Exhibit 4: Selected Items of Cost, Meals in the [HHS Grants Policy Statement](#).
- Prohibition of certain telecommunications and video surveillance equipment. See [2 CFR 200.216](#) to make sure this does not apply to any proposed equipment in your application.

Unallowable costs

IMPORTANT: The successful awardee, including any sub-awardees, will not be permitted to use project funds for:

- Construction and/or rehabilitation of buildings
- Basic research
- Medical care
- Income maintenance
- Equipment purchases, unless such equipment is demonstrated to be necessary to carry out an activity otherwise fundable under Title IV of the Older Americans Act

Indirect costs

Indirect costs are those for a common or joint purpose across more than one project and that cannot be easily separated by project. Learn more at [45 CFR 75.414](#), Indirect Costs.

To charge indirect costs you can select one of two methods:

Method 1 – Approved rate. You currently have an indirect cost rate approved by your cognizant federal agency.

Method 2 – *De minimis* rate. Per [45 CFR 75.414\(f\)](#), if you have never received a negotiated indirect cost rate, you may elect to charge a *de minimis* rate. If you are awaiting approval of an indirect cost proposal you may also use the *de minimis* rate. If you choose this method, costs included in the indirect cost pool must not be charged as direct costs.

This rate is 10% of modified total direct costs (MTDC). See [45 CFR 75.2](#) for the definition of MTDC. You can use this rate indefinitely.

Program income

It is called program income if you make any income from your project activities. You will have to use those funds to add to the project activities. Find more about program income at [45 CFR 75.307](#).

Statutory authority

The statutory authority for funding under this Notice of Funding Opportunity is contained in the Older Americans Act, Title IV and the Patient Protection and Affordable Care Act, 42 U.S.C. § 300u-11 (Prevention and Public Health Fund).



Step 2:

Get Ready to Apply

In this step

Get registered	<u>22</u>
Find the application package	<u>22</u>
Join the conference call	<u>22</u>

Get registered

SAM.gov

You must have an active account with SAM.gov. This includes having a Unique Entity Identifier. SAM.gov registration can take several weeks. Begin that process today.

To register, go to [SAM.gov Entity Registration](#) and click Get Started. From the same page, you can also click on the Entity Registration Checklist for the information you will need to register.

Grants.gov

You must also have an active account with [Grants.gov](#). You can see step-by-step instructions at the Grants.gov [Quick Start Guide for Applicants](#).

Need help? See [Contacts and Support](#).

Find the application package

The application package has all the forms you need to apply. You can find it online. Go to [Grants Search at Grants.gov](#) and search for opportunity number HHS-2024-ACL-AOA-CSSG-0018. You can also find materials at [Applying for Grants](#) on our website.

Join the conference call

For more information about this opportunity, join the informational conference call on April 17, 2024, at 3 p.m. ET.

- Phone number: 888-282-1747
- Passcode: 3796373

We will record the call. If you are not able to join live, you can replay it by calling the following number.

- Replay phone number: 888-566-0450
- Replay passcode: 4321



Step 3:

Prepare Your Application

In this step

Application contents and format

24

Application contents and format

Applications include five main components. This section includes guidance on each.

Make sure you include each of these:

Component	Submission format
Project abstract	Use the Project Abstract Summary form.
Project narrative	Use the Project Narrative Attachment form.
Budget narrative	Use the Budget Narrative Attachment form.
Attachments	Insert each in the Other Attachments form.
Standard forms	Upload using each required form.

Required format for project and budget narratives

Font: Times New Roman or Arial

Format: PDF

Size: 11-point font

Footnotes and text in graphics may be 10-point.

Spacing for Project Narrative main content: Double-spaced

Spacing for Budget Narrative: As needed

Spacing for project summary, tables, footnotes: Single-spaced

Margins: 1-inch

Include page numbers

Project abstract

Page limit: 1

Provide a brief project summary of no more than 265 words. You will need to include:

- **Statement of need:** The problem you plan to address
- **Goals:** Broad overall purpose, like a mission statement, that says what you want to do and describes your target population
- **Activities:** Narrow, specific, and clear steps explaining how you will achieve your goals
- **Outcomes:** The measurable results of a project. Include expected changes among those served, such as clients, systems, organizations, and communities. Tie these outcomes directly to your goals and the [goals of this funding opportunity](#).
- **Organizational capacity:** Your organization's expertise and ability to successfully complete the project
- **Products:** The materials and other deliverables you expect to create through the project, including training and dissemination materials

Project narrative

Page limit: 20

File name: Project Narrative

The project narrative is the most important part of the application. We use it as the primary basis to decide whether your project meets the requirements and to review its merit. The project narrative should give a clear and concise description of your project.

Be sure to cite all your sources. Merit reviewers may lower your score if you do not.

Also study the [merit review criteria](#) to make sure you answer all questions and cover all topics reviewers will look at.

Statement of need

Refer and respond to the [statement of need in the program description](#). Describe the specific problem you plan to address. Use both quantitative and qualitative terms. Explain why your project is needed.

Goals

Refer and respond to the [goals in the program description](#). Describe your project's goals and major objectives.

This section should also describe the [target populations](#) you plan to focus on, as defined in the program description. If your project will address any of the populations of special interest, describe which ones.

Activities

Refer and respond to the [activities section of the program description](#).

Describe the specific activities you are proposing. Make sure to respond to each activity described in the program description, and explain how your proposed activities fulfill these requirements.

Dissemination

Explain how you will address each required activity discussed in the [dissemination section of the program description](#).

Also describe:

- What you plan to share about the project's results
- How you plan to share it:
 - Promptly
 - In easily understandable formats
 - With people who might want to use your results to inform their own practice, programs, or policy

Evaluation

In this section, explain how you will address measures in the [evaluation section of the program description](#).

Also include the techniques and tools you will use to:

- Collect data and measure the outcomes listed in the [outcomes](#) section of your project narrative
- Determine whether the project achieved its outcomes
- Document lessons learned – both positive and negative

Outcomes

Outcomes are the results you expect from your project. You should describe the quantifiable and measurable outcomes that will result from your project. These should be achievable during the project period. Refer to the [outcomes listed in the program description](#), which align with the activities, dissemination, and evaluation sections. This section of your application should be brief, since you will have described your activities, dissemination, and evaluation in depth earlier in the application.

Note: A measurable outcome is not a measurable output, like the number of clients served, the number of training sessions held, or the number of service units provided. Instead, outcomes should represent the meaningful results of these outputs and concrete progress toward your goals.

Your outcomes should match those in your [work plan](#).

Organizational capacity and project management

In this section, you should describe:

- How your organization is organized
- The nature and scope of your organization's work and skills
- The roles and responsibilities of project staff, consultants, and partner organizations
 - You will include supplemental information in your [commitment letters](#).
- How each person will contribute to achieving the project's objectives and outcomes
- Who will have day-to-day responsibility for key tasks like:
 - Project leadership
 - Monitoring progress, including toward stated goals
 - Preparing reports
 - Communicating with other partners and ACL
- How you will track the progress of tasks and objectives
- Your organization's experience:
 - Creating online training programs for professionals in the [aging and disability network](#)
 - Conducting outreach to the target population and their caregivers to involve them in evidence-based community programs
 - Providing technical assistance to the aging and disability network to help members provide evidence-based programs or services
 - Facilitating a nationwide project

- Any capabilities that you have not mentioned elsewhere in your project narrative. Those might include:
 - Current or prior experience relevant to the project
 - Relevant reports, publications, or products your project team has prepared, such as online training modules
- The roles of any planned partnerships, including other organizations, supporters, and consumer groups
- How you will meaningfully involve ACL, the aging and disability services network, and stakeholders in planning and carrying out your project

Budget narrative

Page limit: None

File name: Budget Narrative

The budget narrative supports the information you provide in Standard Form 424-A. See [standard forms](#). It includes added detail and justifies the costs you ask for. As you develop your budget, consider:

- If the costs are reasonable and consistent with your project's purpose and activities
- The restrictions on spending funds. See [Funding limitations](#).

Justify all the costs, including showing how you calculated them. To create your budget narrative, see the [Sample Budget Format \[PDF\]](#) on our website.

You will need to:

- Include a combined budget narrative justification for all three years of the project.
- Include a detailed budget narrative justification for each of the three years in this project's period of performance.
- Delineate budget line items and link them to your [work plan](#).

Attachments

Page limit: None

You will upload attachments in Grants.gov using the Other Attachments Form.

Work plan

You must provide a work plan for each of the three years of the project. The work plan connects your period of performance outcomes, strategies and activities, and measures. It provides more detail on how you will measure outcomes and processes.

The work plan should be consistent with the rest of your [project narrative](#) and your [budget](#). It should include:

- A statement of the project's [goal, key objectives, expected outcomes](#), and [major tasks or action steps](#)
- For each major task or action step:
 - The time frames involved, including start and end dates
 - The lead person responsible for completing the task

To complete your work plan, see the [Project Work Plan Sample Template](#) on ACL's website.

Indirect cost agreement

If you include indirect costs in your budget using an approved rate, include a copy of your current agreement approved by your [cognizant agency for indirect costs](#). If you use the *de minimis* rate, you do not need to submit this attachment.

Commitment letters

Include letters from any organization that will have a significant role in carrying out your project. The letter should explain their role and their commitment to the project.

- Include confirmation of project commitments made by key collaborating organizations and agencies.
- Include commitments from any organization that will significantly help carry out the project.

Proof of nonprofit status

If your organization is a nonprofit, you need to attach proof. We will accept any of the following:

- A copy of a current tax exemption certificate from the IRS
- A letter from your state's tax department, attorney general, or another state official saying that your group is a nonprofit and that none of your net earnings go to private shareholders or others
- A certified copy of your certificate of incorporation. This document must show that your group is a nonprofit
- Any of these documents for a parent organization. Also include a statement signed by an official of the parent group that your organization is a nonprofit affiliate

Resume and job descriptions

For key personnel, attach resumes for positions that are filled. If a position isn't filled, attach the job description with qualifications.

Standard forms

You will need to complete some other standard forms. Upload the following forms at Grants.gov. You can find them in the NOFO [application package](#) or review them and their instructions at [Grants.gov Forms](#).

Form	Submission requirement
Application for Federal Assistance (SF-424)	With application
Budget Information for Non-Construction Programs (SF-424A)	With application
Grants.gov Lobbying Form (Certification Regarding Lobbying)	With application



Step 4:

Learn About Review and Award

In this step

Application review	<u>32</u>
Award notices	<u>37</u>

Application review

Initial review

We review each application to make sure it meets basic requirements. We won't consider an application that:

- Is from an organization that doesn't meet all eligibility criteria
- Requests funding above the award ceiling shown in the [funding range](#)
- Is submitted after the [deadline](#)
- Does not include a [budget narrative and justification](#) for each of the three years of the project as well as all three years combined
- Does not include a [project work plan](#) for each of the three years of the project

We will not review any pages over the page limit.

Merit review

A panel reviews all applications that pass the initial review. The members use the following criteria.

Criterion	Total number of points = 100
Project abstract	2 points
Project narrative	83 points
A. Statement of need	1 point
B. Goals	7 points
C. Activities	30 points
D. Dissemination	10 points
E. Evaluation	5 points
F. Outcomes	5 points
G. Organizational capacity and project management	25 points
Budget narrative	10 points
Work plan	5 points

Criteria

Project abstract (Maximum points: 2)

1. Does the [abstract](#) include a brief description (265 words maximum) of the proposed project, including:
 - a. Statement of need
 - b. Goals
 - c. Activities
 - d. Outcomes
 - e. Organizational capacity
 - f. Products

Project narrative (Maximum points: 83)

A. Statement of need (Maximum points: 1)

The reviewer will assess how well you addressed the [statement of need in the program description](#).

1. Do you describe the specific problem you plan to address?
2. Do you explain why this project is needed?

B. Goals (Maximum points: 7)

The reviewer will assess how well you addressed the [goals section in the program description](#).

1. Do you clearly describe your project's major goals?
2. Does the project [specifically target](#) older adults with one or more behavioral health conditions or older adults with both a behavioral health condition and one or more chronic diseases?
3. If your project will address any of the populations of special interest (those experiencing homelessness, those in rural areas, those with heightened risk for suicidal ideation and attempts, and/or caregivers of older adults with one or more behavioral health conditions), do you share which you'll address?

C. Activities (Maximum points: 30)

The reviewer will assess how well you addressed the [activities section in the program description](#).

1. Do you clearly describe how you will accomplish activity 1, including:
 - a. Your plan to conduct environmental scans and needs assessments

- b. How you will include older adults with behavioral health conditions and other key groups in your needs assessments
- 2. Do you clearly describe how you will accomplish activity 2, including:
 - a. Your plan to create a training program consisting of at least 12 modules
 - b. How you will create and disseminate the training program

D. Dissemination (Maximum points: 10)

The reviewer will assess how well you addressed the [dissemination section of the program description](#).

- 1. Do you describe how you will provide national leadership, expert guidance, technical assistance, and resources nationwide through your dissemination activities?
- 2. Does your project include creating tip sheets, fact sheets, reports, webinars, and other technical assistance materials for professionals serving the target population and their caregivers?

E. Evaluation (Maximum points: 5)

The reviewer will assess how well you addressed the [evaluation section of the program description](#).

- 1. Do you explain how you will collect the metrics listed in the evaluation section of the program description?
- 2. Is your project evaluation thoughtful and well-designed? Will it determine whether you achieved your [outcomes](#)?

F. Outcomes (Maximum points: 5)

The reviewer will assess how well you addressed the [outcomes listed in the program description](#).

- 1. Are your expected project outcomes consistent with your project's goals and activities?
- 2. Are your outcomes quantifiable, measurable, and achievable?

G. Organizational capacity and project management (Maximum points: 25)

The reviewer will assess how well you addressed the required information in the [organizational capacity and project management section in the project narrative](#).

- 1. Do you clearly describe the nature and scope of your organization's work and skills?
- 2. Do you clearly describe the roles of project staff, consultants, and partner organizations and how they will contribute to achieving project objectives and outcomes?

3. Do you include letters from participating organizations that describe their commitments and responsibilities?
 - a. This assessment is based on the [commitment letters](#) included in your attachment form.
4. Do you describe your organization's experience:
 - a. Creating online training programs for professionals in the [aging and disability network](#)
 - b. Conducting outreach to older adults and their caregivers
 - c. Providing technical assistance to the aging and disability network
 - d. Facilitating a nationwide project
5. Do you describe your plans to partner with other organizations to achieve project goals?
6. Do you describe how you will involve ACL, the aging and disability services network, and stakeholders when planning and carrying out the project?

Budget narrative (Maximum points: 10)

The reviewer will assess how well you addressed the required information in the [budget narrative section](#).

1. Do you include a detailed budget narrative for all three years of the project?
2. Do you include a combined budget narrative justification for all three years of the project?
3. Do you delineate budget line items and link them to your [work plan](#)?
4. Are the resources requested consistent with the scope of the project?

Work plan (Maximum points: 5)

The reviewer will assess how well you addressed the required information in the [work plan section in the project narrative](#).

1. Do you provide a work plan for each of the three years of the project?
2. Does the work plan identify time frames involved (including start and end dates) and the lead person responsible for completing each task?
3. Does the work plan include a statement of the project's goal, key objectives, expected outcomes, and major tasks or action steps?
4. Is the work plan consistent with your outcomes, activities, dissemination, and evaluation?
5. Does your work plan include feasible time frames for the tasks?

Risk review

Before making an award, we review the risk that you will not prudently manage federal funds. We need to make sure you've handled any past federal awards well and demonstrated sound business practices. We use SAM.gov [Responsibility / Qualification](#) to check this history for all awards likely to be over \$250,000. You can comment on your organization's information in SAM.gov. We'll consider your comments before deciding your level of risk.

If we find a significant risk, we may choose not to fund your application or to place specific conditions on the award.

For more details, see [45 CFR 75.205](#).

Selection process

When making funding decisions, we consider:

- Merit review results. These are key in making decisions but are not the only factor
- The larger portfolio of agency-funded projects, including the diversity of project types and geographic distribution
- The past performance of the applicant. We may choose not to fund applicants with management or financial problems
- Reasonableness of proposed costs to the expected results and the likelihood you will achieve those results
- Available funding

We may:

- Fund applications in whole or in part
- Fund applications at a lower amount than requested
- Decide not to allow a prime recipient to subaward if they may not be able to monitor and manage subrecipients properly
- Choose to fund no applications under this notice of funding opportunity

The ACL administrator makes all final award decisions.

Award notices

If you are successful, we will email a Notice of Award (NoA) to your authorized official. We will email you or write you a letter if your application is disqualified or unsuccessful.

The NoA is the only official award document. The NoA tells you about the amount of the award, important dates, and the terms and conditions you need to follow. Until you receive the NoA, you don't have permission to start work.

To see what is in a NoA, see an [example on our website](#).



Step 5:

Submit Your Application

In this step

Application submission and deadlines	<u>39</u>
Application checklist	<u>41</u>

Application submission and deadlines

See [Find the application package](#) to make sure you have everything you need.

Make sure you are current with SAM.gov and UEI requirements. See [Get registered](#). You will have to maintain your registration throughout the life of any award.

Deadlines

Optional notice of intent

Due on April 25, 2024, at 11:59 p.m. ET

See [instructions on the optional notice of intent](#).

Application

Due on May 31, 2024, at 11:59 p.m. ET

Grants.gov creates a date and time record when it receives the application. If you submit the same application more than once, we will accept the last on-time submission.

The grants management officer may extend an application due date based on emergency situations such as documented natural disasters or a verifiable widespread disruption of electric or mail service.

If you can't submit your application because of problems with Grants.gov, you will need verification for us to consider accepting your application. Call the [Federal Service Desk](#) before the application due time and record your tracking number. Save your tracking number and any error messages you receive.

Submission methods

Grants.gov

You must submit your application through Grants.gov. See [Get registered](#).

For instructions on how to submit in Grants.gov, see the [Quick Start Guide for Applicants](#). Make sure your application passes the Grants.gov validation checks. Do not encrypt, zip, or password protect any files.

See [Contacts and Support](#) if you need help.

Other submissions

Intergovernmental review

This Notice of Funding Opportunity is not subject to [Executive Order 12372](#), [Intergovernmental Review of Federal Programs](#). No action is needed.

Optional notice of intent

We ask that you let us know if you plan to apply for this opportunity. We do this to plan for the number of expert reviewers we will need to evaluate applications. You do not have to submit a notice of intent to apply.

Please email the notice to chelsea.gilchrist@acl.hhs.gov.

In your email, include:

- The funding opportunity number and title
- Your organization's name and address
- A contact name, phone number, and email address

See the [deadline](#) for notices of intent.

Mandatory disclosure

You must submit any information related to violations of federal criminal law involving fraud, bribery, or gratuity violations potentially affecting the federal award. See Mandatory Disclosures, [45 CFR 75.113](#).

Send written disclosures to ACL at chelsea.gilchrist@acl.hhs.gov and to the Office of Inspector General at grantdisclosures@oig.hhs.gov.

Application checklist

Make sure that you have everything you need to apply:

Component	How to upload	Page limit
☐ Project abstract	Use the Project Abstract Summary Form.	265 words
☐ Project narrative	Use the Project Narrative Attachment form.	20 pages
☐ Budget narrative	Use the Budget Narrative Attachment form.	None
Attachments ☐ Work plan ☐ Indirect cost agreement ☐ Commitment letters ☐ Proof of nonprofit status ☐ Resumes and job descriptions	Insert each in a single Other Attachments form.	None None None None None
Standard forms ☐ Application for Federal Assistance (SF-424) ☐ Budget Information for Non-Construction Programs (SF-424A) ☐ Grants.gov Lobbying Form (Certification Regarding Lobbying)	Upload using each required form.	None None None



Learn What Happens After Award

In this step

Post-award requirements and administration 43

Post-award requirements and administration

Administrative and national policy requirements

There are important rules you need to know if you get an award. You must follow:

- All terms and conditions in the Notice of Award. You can find information at [Managing a Grant](#) on our website
- The rules listed [45 CFR part 75](#), Uniform Administrative Requirements, Cost Principles, and Audit Requirements for HHS Awards
- The HHS [Grants Policy Statement](#) (GPS). This document has terms and conditions tied to your award. If there are any exceptions to the GPS, they'll be listed in your Notice of Award
- All federal statutes and regulations relevant to federal financial assistance, including those highlighted in the [HHS Administrative and National Policy Requirements](#)

Managing changes

After award, either you or ACL may request changes. We manage these using the rules at 45 CFR 75, including [45 CFR 75.308](#).

Reporting

If you are successful, you will have to submit financial and performance reports. To learn more about reporting, see Managing a Grant, [Funding Requirements](#) on our website.

Financial and performance reports

The terms and conditions in the Notice of Award will have information on performance and financial reports including:

- How often you will report
- Any required form or formatting
- How to submit them

FFATA and FSRs reporting

The Federal Financial Accountability and Transparency Act (FFATA) requires:

- Data entry at the [FFATA Subaward Reporting System](#) (FSRS) for all subawards and subcontracts you issue for \$30,000 or more
- Reporting executive compensation for both recipient and subaward organizations

Nondiscrimination and assurance

If you receive an award, you must follow all applicable nondiscrimination laws. You agree to this when you register in SAM.gov. You must also submit an Assurance of Compliance ([HHS-690](#)). To learn more, see the [Laws and Regulations Enforced by the HHS Office for Civil Rights](#).



Contacts and Support

In this step

Agency contacts	<u>46</u>
Grants.gov	<u>46</u>
SAM.gov	<u>46</u>
Reference websites	<u>46</u>

Agency contacts

Program and eligibility

Project officer: Chelsea Gilchrist

chelsea.gilchrist@acl.hhs.gov

202-795-7442

Grants management

Grant management specialist: Sean Lewis

sean.lewis@acl.hhs.gov

202-795-7384

Review process and application status

Project officer: Chelsea Gilchrist

chelsea.gilchrist@acl.hhs.gov

202-795-7442

Grants.gov

Grants.gov provides 24/7 support. You can call 1-800-518-4726 or email

support@grants.gov. Hold on to your ticket number.

SAM.gov

If you need help, you can call 866-606-8220 or live chat with the [Federal Service Desk](#).

Reference websites

- [U.S. Department of Health and Human Services \(HHS\)](#)
- [Home Page | ACL Administration for Community Living](#)
- [Applying for Grants | ACL Administration for Community Living](#)
- [Application Tips | ACL Administration for Community Living](#)
- [How to Apply for a Competitive Grant | ACL Administration for Community Living](#)
- [Code of Federal Regulations \(CFR\)](#)
- [United States Code \(U.S.C.\)](#)

Endnotes

Select the endnote number to jump to the related section in the document.

[1] The Substance Abuse and Mental Health Services Administration. (2022). 2022 national survey on drug use and health. <https://www.samhsa.gov/data/report/2022-nsduh-detailed-tables>.

[2] KFF analysis of U.S. Census Bureau's Household Pulse Survey, August 19-31, 2020.

[3] Lampkin, C. (2021). COVID and mental health: A look at how older adults are managing the emotional impact of the pandemic. AARP Research.

[4] KFF analysis of U.S. Census Bureau's Household Pulse Survey, 2023.

[5] Vasiliadis, H.-M., Dionne, P.-A., Prévaille, M., Gentil, L., Berbiche, D., and Latimer, E. (2013). The excess healthcare costs associated with depression and anxiety in elderly living in the community. *The American Journal of Geriatric Psychiatry* 21(6), 536-548.

[6] National Academies of Sciences, Engineering, and Medicine; Division of Behavioral and Social Sciences and Education; Health and Medicine Division; Board on Behavioral, Cognitive, and Sensory Sciences; Board on Health Sciences Policy; Committee on the Health and Medical Dimensions of Social Isolation and Loneliness in Older Adults. (2020, February 27). Social isolation and loneliness in older adults: Opportunities for the health care system. National Academies Press (US). <https://www.ncbi.nlm.nih.gov/books/NBK557972/>.

[7] Czeisler, M. É., Lane, R. I., Petrosky, E., Wiley, J. F., Christensen, A., Njai, R., Weaver, M. D., Robbins, R., Facer-Childs, E. R., and Barger, L. K. (2020). Mental health, substance use, and suicidal ideation during the COVID-19 pandemic—United States, June 24–30, 2020. *Morbidity and Mortality Weekly Report* 69(32), 1049.

[8] Centers for Disease Control and Prevention. (2021a, April 29). Loneliness and social isolation linked to serious health conditions. <https://www.cdc.gov/aging/publications/features/lonely-older-adults.html>.

[9] National Academies of Sciences, Engineering, and Medicine; Division of Behavioral and Social Sciences and Education; Health and Medicine Division; Board on Behavioral, Cognitive, and Sensory Sciences; Board on Health Sciences Policy; Committee on the Health and Medical Dimensions of Social Isolation and Loneliness in Older Adults. (2020, February 27). Social isolation and loneliness in older adults: Opportunities for the health care system. National Academies Press (US). <https://www.ncbi.nlm.nih.gov/books/NBK557972/>.

[10] Administration on Aging and Substance Abuse and Mental Health Services Administration. (2016). Older Americans behavioral health issue brief 4: Preventing suicide in older adults. <https://acl.gov/sites/default/files/programs/2016-11/Issue%20Brief%204%20Preventing%20Suicide.pdf>.

[11] Centers for Disease Control and Prevention. (2023, November 29). Suicide data and statistics. <https://www.cdc.gov/suicide/suicide-data-statistics.html>.

[12] Centers for Disease Control and Prevention. (2023, November 29). Suicide data and statistics. <https://www.cdc.gov/suicide/suicide-data-statistics.html>.

[13] Curtin, S.C., Garnett, M.F., and Ahmad, F.B. (November 2023). Provisional estimates of suicide by demographic characteristics: United States, 2022. *Vital Statistics Rapid Release* 34. <https://www.cdc.gov/nchs/data/vsrr/vsrr034.pdf>.

[14] Substance Abuse and Mental Health Services Administration. (2019). Results from the 2018 national survey on drug use and health: Detailed tables. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. <https://www.samhsa.gov/data/>.

[15] NIDA. (2020, July 9). Substance use in older adults DrugFacts. Retrieved March 4, 2024, from <https://nida.nih.gov/publications/drugfacts/substance-use-in-older-adults-drugfacts>.

[16] SAMHSA. (2019). Older adults living with serious mental illness: The state of the behavioral health workforce. Retrieved February 2, 2024, from <https://store.samhsa.gov/sites/default/files/pep19-olderadults-smi.pdf>.

[17] Hudson, C.G. (2012). Declines in mental illness over the adult years: An enduring finding or methodological artifact? *Aging MentalHealth*, 16(6), 735-52.

[18] Institute of Medicine. (2012). The mental health and substance use workforce for older adults: In whose hands? The National Academies Press.

[19] Ciechanowski, P., Wagner, E., Schmalting, K., Schwartz, S., Williams, B., Diehr, P., Kulzer, J., Gray, S., Collier, C., and LoGerfo, J. (2004). Community-integrated home-based depression treatment in older adults. *JAMA*, 291(13), 1569. <https://doi.org/10.1001/jama.291.13.1569>.

[20] Pullyblank, K., Brunner, W., Scribani, M., Krupa, N., Ory, M. G., and Smith, M. L. (2022). Recruitment and engagement in disease self-management programs: Special concerns for rural residents reporting depression and/or anxiety. *Preventive Medicine Reports*, 26, 101761. <https://doi.org/10.1016/j.pmedr.2022.101761>.

[21] Schonfeld, L., King-Kallimanis, B. L., Duchene, D.M., Etheridge, R. L., Herrera, J. R., Barry, K.L., and Lynn, N. (January 2010). Screening and brief intervention for substance misuse among older adults: The Florida BRITE project. *American Journal of Public Health* 100(1), 108-14. DOI: 10.2105/AJPH.2008.149534. PMID: 19443821. PMCID: PMC2791238.